

By George, it's no lie . . . A Want Ad Is Your Best Buy!

84—Houses for Sale

NEWMAN REALTY

1901 S. Limit Ave. (S. 65 Hwy.)

Phone 826-7832

Albert W. Newman, Realtor,
WEST-BRICK 3 bedroom, attached garage, DeJarnette Addition.
SOUTHWEST—3 bedroom, large utility room, F.A. Gas Heat, close to school. ONLY \$8,950.
3 BEDROOM, built-in stove and oven, W/W carpeting, double style vanity, tub & shower. Fenced yard, Horace Mann School District.
NEW Brick trim, 3 bedroom, 1½ baths, W/W carpeting, attached garage, large lot.
3 BEDROOM, newly decorated inside and outside. 3 lots, WILL TRADE for acreage or livestock.
166 ACRES, 6 room modern home, basement, barn, garage, all fenced and plenty water. All tillable. OWNER SAYS SELL.
239 ACRES, modern home, garage, barn, fenced, all tillable. Owner will carry loan.
38 ACRES, 6 room modern, full basement, 2 baths, new F.A. gas heat. WILL TRADE.
20 ACRES, 6 room modern home and other buildings. Close in.
MANY OTHERS TO CHOOSE FROM - See Us Before You Buy
FARMS AND SMALL ACREAGES
WE ARE REALTORS

BRYAN-DAVIS

REALTY CO.

WAYNE DAVIS

826-4470

2 BEDROOMS, with large kitchen, sun porch, detached garage, fenced back yard, Horace Mann school district.
5 ROOMS, large living room, dining room, lots of cabinets in kitchen, fenced back yard.
1½ STORY OLDER HOME, 3 bedrooms, living room, dining room, den, fireplace, kitchen with lots of new cabinets, 2 full baths, hardwood floors, storm windows and doors, inclosed porch, detached garage, 2-lots. West location.
NEW COLONIAL 3 BEDROOM, lovely living room, all electric kitchen, family room, fireplace, fully carpeted, 2-baths, double garage.
NEW 3 BEDROOM, large living room, family room with fireplace, built-in kitchen with dishwasher, lots of cabinet space, 2 baths, big closets, central air, utility room, 2-car garage.
176 ACRES, good improvements, all in grass, highway location.

826-1937

VIOLA WALLER

826-2064

OPEN ALL DAY SATURDAY
WE NEED LISTINGS
1716 W. 9th BRINC BLDG.—WE ARE REALTORS

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The Want Ads Sooner!

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YOUR COMPLETE HOME AND BUSINESS SERVICE DIRECTORY

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B. F. GOODRICH STORE

Professional — Guaranteed —
Front End Alignment — Shocks —
Brake Relining — No Money Down
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(Formerly Parks Service)
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DOWNTOWN CONOCO
Main & Missouri
826-9719
Special!
Tune-ups \$14.95
includes parts
Lubricating \$1.25
Wheel Balancing \$1.50
Many Other Bargains!

IGNITION & TUNEUP
Mufflers & Tail Pipe
Brakes Relined
HOWERTON STANDARD SERVICE
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Automobile Accessories

FIRESTONE STORES

Now Have the Most
Up-to-Date
FRONT END and BRAKE SHOP
In Central Missouri.
For Free Pickup and Delivery
CALL 826-6123

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Automobile Accessories

B&B Transmission and Sinclair Service


Complete Tune-Up Service
Brakes - Carburetor - Alternator
Tires - Batteries - Accessories
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16th & Limit Sedalia

SEAT COVERS— AUTO TOPS NYLON TARPAULINS

Custom Work.
A & B AUTO TRIM SHOP

1500 South Ohio 826-1957

Building Supplies

OSAGE BUILDING SUPPLY

2400 Clinton Road, 826-3033
COMPLETE STOCK OF BUILDING MATERIALS.
Wood or Masonite Paneling

Construction

KERMIT MANESS (BUILDER)

New Homes - Improvements
Additions (Commercial)
Quality Workmanship
Estimates Without Obligation

1423 South Park 826-0604

WILLIAM H. GARNER Building Contractor
RESIDENTIAL & COMMERCIAL CONTRACTING

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Improvements
Licensed and Insured

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HERNDON ELECTRIC CO.

1000 NORTH GRAND
PHONE 827-2464
Residential,
Commercial, Contracting
and Service Work.

Workmanship guaranteed.
Free Estimates.

WANT ADS GET RESULTS!

Insured 826-1946
Agents for
North American Van Lines
Local and Long Distance Movers
Estimates Without Obligation

84—Houses for Sale

OPEN HOUSE

SUNDAY, FEB. 22nd. 1:30 to 5 P.M.

1201 SOUTH LAMINE

Newly decorated old home, 3 bedrooms, front room, dining room, family room, one bath, kitchen and utility room, 2-car garage. By owner.



826-5254
112 W. 4th SINCE 1880

James C. Keck, Broker
826-0179

3 BEDROOM HOME, well located, carpeting, fireplace, ceramic tile bath, utility room, attached garage. This home is financed with a long term conventional loan which maybe assumed, \$3,000 down. Shown by appointment only. Exclusive.

3 BEDROOM HOME, excellent decorations, carpeting, steam heat, garage, \$11,000.

20 ACRES, Suburban tract, on blacktop road. 5 miles S.E., no improvements, fenced.

WE MAKE LOANS ON FARMS AND CITY PROPERTY

DAN L. JONES, REALTOR

3124 South Kentucky

WE ARE REALTORS

NEW 3 BEDROOM, nice large kitchen, extra large paneled garage, ceramic bath, large lot, \$17,000.

FOUR BEDROOM, nice older home, dining room, 1½ baths, SW location, lot 110x220, \$15,500.

5 BEDROOM, large older home, good condition, new roof, 2 full baths can be used as home or 2 separate apartments. \$9,000.

15 ACRES, nice 3 bedrooms, smaller type home, chicken house, good metal building. Blacktop road. 4 miles. \$17,500.

COMMERCIAL LOT, zoned for business. 50x175 feet, West Main St. \$5,500.

308 NORTH PROSPECT, 3 bedrooms, older home, excellent condition. 110 foot lot frontage. Separate garage. \$6,500.

400 ACRE FARM—nice 3 bedroom home, basement, lots of outbuildings 160 tillable creek bottom land, 120 acres good pasture. A good stock and grain farm, \$265 per acre. \$5,000 feed and grain payment. Owner will carry loan.

(Your Listings Appreciated. Call Any Time Day or Night.)

WE ARE REALTORS

Stock Purchased For War Protest

MINNEAPOLIS (AP) — A group of professors and students from three Twin Cities colleges has purchased 39 shares of Honeywell Inc., to further a protest against that company's manufacture of fragmentation bombs and other weapons used in Vietnam.

The stock was bought Wednesday so that 39 representatives of the group, which calls itself the Honeywell Project, could attend the firm's annual meeting April 28. There they plan to express their views to management and other stockholders.

The group has picketed previous meetings and the company's general offices in Minneapolis.

The group raised \$5,332.23 for

the purchase after the stockholders' meeting, the shares will be sold and the money returned the contributors.

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SELDALIA, MO.



F. JEROME (JERRY)
SCHENK

REPUBLICAN CANDIDATE FOR PETTIS COUNTY COLLECTOR

A Semi-Retired Farmer, now residing near Green Ridge, Mo., and Lifetime Resident of Pettis County.

YOUR HELP AND SUPPORT IS EARNESTLY SOLICITED!

(Paid Advertisement)

REQUEST FOR BIDS

The Pettis County Court is asking for bids, per ton for County Road Maintenance surfacing material (crushed stone or gravel), also County Road Construction aggregate for Bituminous surface and oil per gallon to be applied to roadway surface to be delivered to County Road Numbers as shown on Pettis County Map which is attached, which also shows County Road Numbers, Location, Gallons of Oil and Tons or Cu. Yd. Per Number.

As this is County Road CART Work, the County forces shall have ample time to improve the drainage, etc., before the material can be applied on each Road Number.

Maintenance Material Specifications shall be:

Gravel or Crushed Stone
Passing 1/2 inch sieve 100
Passing 1 inch sieve 80-100
Passing No. 10 sieve 10-40

Deleterious substance shall not exceed 12 per cent by weight. (Rock, mud balls or foreign material).

Construction aggregate for Bituminous surface material shall be: Graded, Section 1004.2 grade H, in Missouri Standard Specifications for Highway Construction of 1968.

Work must start within 10 days after Contractor notified. Due to weather conditions it is possible that all Road Numbers would not be completed by December 31, 1970. If not, they would be void on December 31, 1970.

Loads will be spot checked. If any load is found not to meet specifications, supplier agrees to forfeit 2 loads.

THE PETTIS COUNTY COURT RESERVES THE RIGHT TO REJECT ANY OR ALL BIDS.

ALL MATERIAL SHALL BE APPROVED BY THE ENGINEER IN CHARGE.

BIDS TO BE OPENED ON MARCH 10, 1970, at 10 O'CLOCK A.M. IN THE COUNTY COURT ROOM. EACH COUNTY ROAD ITEM IS TO BE BID SEPARATELY.

We're Kickin' em OUT

We'll give you the best car deal you can get any where

Like the athletes, we have saved our best efforts for the last! Good deals before ... even better deals now!

The Only Deals We Lose Are Those We Don't Know About!



ROUTZONG-MALMO MOTORS, INC.

OLDSMOBILE-PONTIAC-CADILLAC

2901 S. LIMIT

PUBLIC SALE

In order to settle the estate of the late Mrs. Carrie Gresham, I will sell the following at 1001 South Missouri, Sedalia, on SATURDAY, FEBRUARY 28th, at 1:00 P.M.

Antique Pendulum Striking Clock
2 Antique Marble Top Dressers
Love Seat
Antique Marble Top Wash Stand
Antique Wash Stand,
Organ Stool
Antique Vanity Dresser
Dropleaf Table
Antique Slant Top Desk
Round Oak Table
Antique Bed, complete,
High Chair, Hall Tree
Bookcase and Desk Comb.
Dresser & matching Chest of
Drawers, Chiffonier

Terms: Cash. Nothing removed until settled for.

Not responsible for accidents.

LLOYD FARRIS, Administrator

Olen E. Downs and Homan R. Williams, Aucts.

Betty Greene, Clerk

PUBLIC SALE

As my lease has expired on farm, I am moving to my own farm and will sell the following at my farm located 9 miles south of Marshall Jct., or I-70 on Highway 65, or 9 miles north of Sedalia on Highway 65, then 1 1/4 miles west on gravel. Watch for sale signs, on

FRIDAY, FEB. 27, at 12:30 P.M.

60 HEAD OF CATTLE 60

CATTLE

2 Angus Cows, 5 yrs. old, calves by side
Angus Cow, 4 yrs. old, calf by side
3 Angus Cows, 3 yrs. old, calves by side
15 Angus Cows, 3 yrs. old, calves later
Angus Cow, 5 yrs. old, springer
Black W.F. Cow, 3 yrs. old, calf by side
2 Black W. F. Cows, 3 yrs. old, springers
Black W.F. Cow, 3 yrs. old, bred
2 W.F. Cows, 2 1/2 yrs. old, calves by side
W.F. Cow, 4 yrs. old, calf by side
W.F. Cow, 3 yrs. old, calf by side
5 W.F. Cows, 3 yrs. old, springers
Reg. Angus Bull, 3 yrs. old
Reg. Angus Bull, 2 1/2 yrs. old
7 Angus Heifers, 400 to 500 lbs.
3 Angus Steers, 400 to 500 lbs.

TERMS: Cash. Not responsible for accidents.

JOHN CURRY

Olen E. Downs & Homan R. Williams, Aucts.

Albert Anderson, Clerk

Lunch by N.F.O.

Presenting the good old Volkswagen.

It's not your ordinary take-a-gamble used car.

It's a car that has passed the VW 16-point safety and performance test.

And has our 100% guarantee that we'll repair or replace all major mechanical parts* for 30 days or 1000 miles, whichever comes first.

So even if anything does go wrong it ends up for the better.

*engine, transmission, rear axle, front axle assemblies, brake system, electrical system.

'67 VOLKSWAGEN DE-LUXE MICRO-BUS. White with tan interior, excellent condition, gas heater. 8-passenger vehicle. Only \$1288

'65 VOLKSWAGEN SE-DAN. Red color, radio, new tires, new brakes, engine recently overhauled completely by us. Only \$1088

(816) 826-0400

FITZWILLIAM MOTORS, INC.

620 WEST MAIN Sedalia, Mo.

AUCTIONEERS
OLEN E. DOWNS
Sedalia, Mo.
826 - 2275

Get your dates early as we sell often.

PUREBRED LIVESTOCK - REAL ESTATE FARM, FURNITURE & ANTIQUE SALES

HOMAN R. WILLIAMS

Otterville, Mo.

1 - 366 - 4628

Call Us Collect



SPORTS SPECIAL!

1970 JAVELIN SST

2 DOOR HARDTOP, 360 V-8, 2 barrel, automatic trans. and console, white vinyl top, red line tires, power steering, power brakes, tinted glass complete, mag styled wheels, rally side stripes, AM radio, rear bumper guards plus standard equipment.

LIST PRICE \$3,888.30

SPECIAL SALE PRICE \$3327⁰⁰

WE SERVICE AFTER THE SALE!

TOWN & COUNTRY MOTORS

LINCOLN-MERCURY — AMERICAN MOTORS — JEEP

826-5400

3110 W. Broadway

CASH & BOOKING DISCOUNTS ON:

Barnyard Equipment - Paints
Twine-Motor Oils-Fencing
Steel Posts-Etc.

Special Cash Discounts on Feed & Seed!

Book your chemical & fertilizer to be sure of price protection

ALL TIRES in Stock 5% BELOW WHOLESALE!

AG CO-OP SERVICES

MAIN & WASHINGTON



SEDALIA, MO.

The Sedalia Democrat, Sunday, Feb. 22, 1970—13B

Lucky You!
Yes . . . Lucky You if you have a 1965, 1966 or 1967 automobile. We need your used car NOW!

We have some Pre-Owned 1969 Chevrolet Impalas with very, very low mileage and factory warranty available. These are just like NEW! See one of our friendly salesmen for a top deal on one of these '69s!

Remember . . . If you buy a car and don't see us we both lose money!

GMC PLAM NATIONAL CAR RENTAL MIC

Mike O'CONNOR
Chevrolet - Buick - GMC
1300 South Limit - Sedalia, Mo.
LOT NO. 2, 714 WEST MAIN ST.

PUBLIC SALE

Due to the death of my mother, Viola Buchholz, I will sell the following at the farm located 6 miles West of Sedalia on the Main Street Road on

MONDAY, FEBRUARY 23 at 1:00 P.M.

4 poster bed, matching chest & dresser
2 Oak bunk beds, complete
Antique slant top desk
Silver serving set
Wm Rogers president spoons
Pressed glass, lot of pink dishes, salt cellars, flat irons, vases, old dolls, child's tea set, old buttons, old marbles, antique pictures and frames, kerosene lamp, trunks, milk can, iron bean pots, toy iron horse and wagon old post cards, dated fruit jars, stone jars, and other antique and collector items.

Seth Thomas mantle clock
Girls Bicycle
Admiral refrigerator
Metal kitchen cabinet

Terms: Cash Not responsible for accidents

MRS. HAROLD ROE

Olen E. Downs & Homan R. Williams, Aucts. Betty Greene, Clerk

WHITE SALE SPECIALS BUY NOW—SAVE \$100s

SPECIAL EQUIPPED 1970 FORD GALAXIE 500

2 DOOR HARDTOP FASTBACK, 351 V-8 ENGINE, ALL VINYL UPHOLSTERY, SELECTSHIFT CRUISEOMATIC TRANS., WHITEWALL TIRES, POWER STEERING, FACTORY SELECTAIRE CONDITIONING, RADIO, TINTED GLASS, FULL WHEEL COVERS AND MORE.

FULL PRICE DELIVERY NOW \$3384²⁵

BILL GREER MOTORS, INC.

1700 W. Broadway Your Authorized Ford Dealer

MAIN STREET LOT

615 W. Main Sedalia 816-3168

NO JOSHIN' ROUND—HERE'S MY KIND O' GUY...WITH MY KINDA DEALS!
(DON'T WAIT FOR SPRING; IT MIGHT NOT GET HERE.)

\$2549⁷⁵ 225 cu. in. 6-cylinder engine, 3-speed transmission, tinted windshield, undercoating & hood insulator pad. Deluxe wheel covers, F78x14 whitewall fiberglass belted tires. Light blue color.

\$3053⁴³ Deluxe vinyl seats, torqueflite transmission, 340 cu. in. 4-barrel V-8 engine, high impact paint, tinted windshield, undercoating & hood insulator pad. Music Master AM radio, Rallye wheels, E70x14 raised white letter tires, banana color with black vinyl roof and black bumblebee stripe.

OVER 50 NEW '70 DODGES IN STOCK!

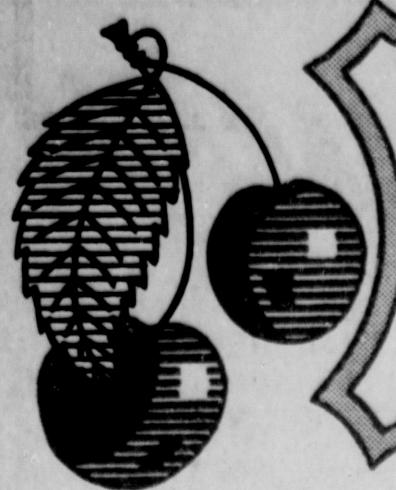
You all know these Dodge Boys will wheel & deal and if you don't see one before you buy, you're in a heap o' trouble. Heah!

"Get a Good Buy From a Good Guy!"

BRYANT MOTOR CO.

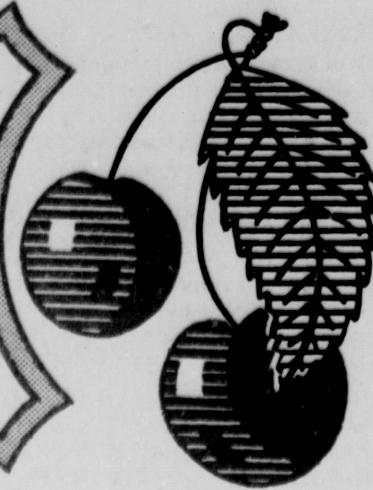
SEDALIA, MISSOURI

SEDALIA



WASHINGTON'S BIRTHDAY

SALE



Save . . . up to 50% and more!

Decorator Wall Clock

Was 12.95

3⁸⁸
6
ONLY

Was 9.95

• Perfect for all
your blending needs.

3⁷⁷
6
ONLY

Magic Chef Gas Range

DOUBLE OVEN EYE LEVEL

Was 359.95

• 30 inch with
clock and timer

233⁶⁶

General Electric 10 CU. FT. Refrigerator

Reg. 219.95

• Apartment Size

• Door Storage

• Cross Top Freezer

126⁶⁶

Frigidaire Dishwasher

Was 129.95

• Jet Spray
Washing Action

94⁶⁶

60 SWAG, FLOOR & Table Lamps

Floor Samples
Buy Now
Save $\frac{1}{2}$

1/2 PRICE

Gen. Electric Washer

Was 289.95

• 2 speed 4 cycle
• Spin Dry

176⁴⁴

King Size Serta Perfect Sleeper

MATTRESS & BOX SPRINGS

Reg. 399.95

• Supreme Quality

\$226

Mattress and Box Springs

BY SERTA

Was 119.95

• Quilted Decorator
Cover
• Twin Size

58²¹

Hollywood Headboards

Was 39.95

• Vinyl Covered

15⁷⁷
12
Only

Vinyl Love Seat

Was 209.95

• Spanish, choice of
red or black

128²²

Early American Sofa

Was 249.95

• Tweed Cover

158²²

Mr. & Mrs. Chairs

AND OTTOMAN BY KROEHLER

Was 199.95

• Slightly soiled

88⁶⁶

7-Piece Dinette

Was 119.95

• Early American
Tables and 6 chairs

58²²

Gen. Electric Portable T.V.

Was 109.95

• Daylight Blue
12" diagonal
picture tube

68²²

General Electric T.V. With Stand

Was 199.95

• 20" diagonal
picture tube

124⁸⁸

Sharp Color T.V. With Stand

Was 399.95

• 18" diagonal
picture tube

255⁴⁴

Spanish Bedroom

Was 429.95

• Triple dresser,
mirror, chest,
full bed, night
stand

277⁷⁷

Walnut Bedroom

Was 419.95

• Triple Dresser,
mirror, chest,
full bed, night
stand

255⁶⁶

8-Piece Dining Room

Was 489.98

• Cherry finish
Table, 6 chairs,
Buffet

358⁴⁴

Early Amer. Swivel Rocker

Was 94.95

• Tweed Cover

48²²

Modern 90" Sofa

Was 249.95

• Heavy tweed
cover

144³³

5-Piece Dinette

Reg. 99.95

• Octagon pedestal
• High back chairs
• Walnut laminated top

\$48

BIEDERMANS

3200 West Broadway

Open 9 a.m. to 9 p.m. Monday thru Saturday

Phone 827-0730

Family Weekly®

FEBRUARY 22, 1970

THE SEDALIA DEMOCRAT

In Combination With The Sunday Morning Capitol



**SCIENCE ANSWERS
What's the Best
Time of Life
For You?**



**TRAVEL TIP
Get More Out of
Your Holidays with a
"Creative Vacation"**



**MALE BARRIER BROKEN
American Women
"Invade" the
South Pole**



**"BONANZA'S" STAR
Michael Landon - The
Bitterness Behind His
Wealth and Fame**



**MEN'S FASHIONS
The Sporting Suit -
A New Look in
Leisurewear**

Ask Them Yourself

FOR DR. THOMAS O. PAINE,
NASA Administrator



Does the National Aeronautics and Space Administration plan to set up weapons in space?

—Merrill Champagne,
Breaux Bridge, La.

● There are no such plans. The Space Act of 1958 provides that NASA's activities be devoted to peaceful purposes. The United Nations Outer Space Treaty, which the United States has signed, prohibits stationing nuclear or other weapons of mass destruction in orbit.

FOR DR. RALPH R. LABENE,
Forsythe Dental Center,
Boston

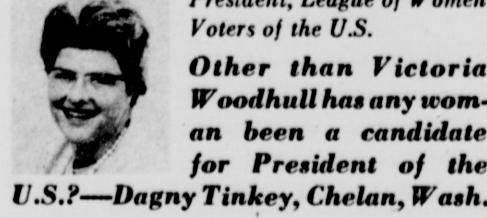


What is the cause of the tartar that gathers on teeth, and how can it be prevented from forming?—Mrs. Irene Rohr, Devils Lake, N.D.

● It is the result of bacteria deposits. The bacterial deposits begin to calcify, and calcium salts occur within or among the bacteria. The best method of preventing the accumulation of these deposits is effective daily oral hygiene, including use of a toothbrush, dental floss,

and water-pressure cleaning devices. For some persons, it may be necessary to have professional cleaning as frequently as every two months.

FOR MRS. BRUCE B. BENSON,
President, League of Women
Voters of the U.S.



Other than Victoria Woodhull has any woman been a candidate for President of the U.S.?—Dagny Tinkey, Chelan, Wash.

● Belva Ann Bennett was the Equal Rights Party candidate in 1884 and 1888. In 1968 Charlene Mitchell ran on the ticket of the Communist Party of the U.S.

FOR SEN. MARK HATFIELD, Oregon



Has banning of prayers in public schools led to more campus riots?—Mrs. Irene Rohr, Devils Lake, N.D.

● I don't believe that the banning of prayer in our schools can be directly connected to campus riots. The disorders, it seems to me, stem partially from a frustration on the part of many students concerning the over-institutionalizing of our American life.

FOR CAPT. J. W. CLINTON,
U.S. Navy



Is it true that the Navy is planning to construct a nuclear-powered Nimitz-class carrier to be named "Eisenhower"?—Jim Rhora, Rantoul, Ill.

● The decision concerning the names of Nimitz-class carriers has not been made at this time.

FOR JIM "BAD NEWS" BARNES,
Boston Celtics



How did you get your odd nickname?—Raymond D. Fig, Big Stone Gap, Va.

● I picked up the "Bad News" name as a collegian. Other teams that we were playing on a certain night would remark, "We're playing Texas Western tonight with Barnes-Boy. There's bad news tonight." It was a takeoff on the radio news commentator who used to remark, "There's good news tonight."

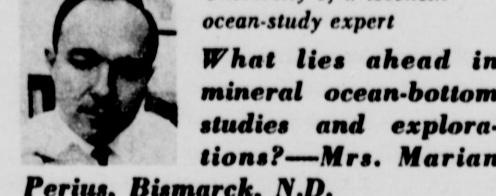
FOR ELIZABETH POST,
etiquette expert



Is it proper to send money as a baby gift when you are not related to the child?—Miss Cheryl Sims, Santa Monica, Calif.

● A gift—rather than money—is in better taste from a nonrelative.

FOR DAVID L. CLARK,
University of Wisconsin
ocean-study expert



What lies ahead in mineral ocean-bottom studies and explorations?—Mrs. Marian Perius, Bismarck, N.D.

● Ocean oil rigs have found enormous reserves of oil and gas in the Gulf of Mexico, the Pacific Ocean, North Sea, and Mediterranean. "Hard" mineral exploration is just beginning, but tin, iron, and gold already are being recovered from the Pacific, in the Far East, and off Alaska.

Want to ask a famous person a question? You can through this column, and we'll get the answer from the prominent person you designate. Send question, preferably on a post card, to Ask Them Yourself, Family Weekly, 641 Lexington Ave., New York, N.Y. 10022. We cannot acknowledge questions, but \$5 will be paid for each one used.

What in the World!

So Long, Central The 720 residents of McClure, Ohio, may be in for touch-tone dialing and color coordinated phones when their local phone company, Citi-



Ringing off
for good

crank wall telephones, but they're all privately owned and will probably be kept as souvenirs.

Paper Wedding Many girls are giving up the traditional wedding in white as too expensive. White satin and lace dresses can run from \$160 to \$1,500 and up. Now there is a white-on-white paper wedding dress on the market for \$30 (and a far cry from the early paper dresses made before 1966). Included in the manufacturer's "Frost" collection are bridesmaids' dresses in such colors as green, red, and gold. They also can be



Dress for
budget brides

zens Mutual, sells out to a big utility. But it's certain many of its 480 subscribers will miss ringing up Central for the time of day, the latest gossip, a recipe for scalloped potatoes, and getting connected to the Smiths and Joneses. George Van Tassel, president of the small phone company (whose telephone number is "1") told FAMILY WEEKLY that the younger folks want modern equipment and besides, operation costs are mounting. "But it's a good old system we've got here," he said. "Don't you hear me fine right now?" He also said that requests are pouring in from all over the country for the old

tailored to a mini with scissors. Good news for fathers of the brides—as well as working girls on a limited budget.

Not Worth It The classic smuggling usually involves diamonds and dashing spies. But our Customs Bureau also keeps track of the petty attempts in our 380 ports of entry. For instance, a family of four arriving in Miami from Colombia, secreted contraband of minimum value—but illegal just the same: 18 fresh mangoes hidden in shoes, boxes of steel wool and a bed pillow. They also brought in a five-pound ham stuffed in a water pitcher. A pound of grapes was sewn inside a jacket pocket. Their feast was impounded. Maybe we should get the word out that food is not too hard to find here.

Flame of Hope When the mentally retarded are not given a chance to provide for themselves, they become dependent, thus costing the taxpayer more than \$100,000 each for a lifetime of institutional care. So Eunice Kennedy

Shriver founded the nonprofit Flame of Hope, Inc. It teaches the retarded skills necessary to earn a living—such as making perfume. The ingredients for the



Work for the
retarded

fragrances "Espere" and "New Flame" are imported from France but combined here by mentally retarded workers in 14 sheltered workshops across the country. The organization takes great pride in that more than 1,000 workers have learned enough to "graduate" into private enterprise from the program since its inception in 1964.

Family Weekly The Newspaper Magazine

February 22, 1970

LEONARD S. DAVIDOW President

MORTON FRANK Publisher

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Sample "The Cooking of Provincial France"

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Foods of the World



First the chicken is browned, starting each piece skin side down.



Next shallots are swirled in the same skillet until golden.



Then chicken and shallots are combined and simmered together.



The finished dish, *Poulet Sauté à la Bordelaise*, is typical of French country-style cooking... good to look at and unusually delicious, yet easy to prepare.

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Do you enjoy serving meals so delicious your guests ask for your recipes and your family begs for "seconds"? If so, we'd like you to see *The Cooking of Provincial France*.

Browsing through it is like taking a food lover's tour of France—accompanied by M. F. K. Fisher, gifted writer and expert on French country cookery; Julia Child, television's famous "French Chef"; and celebrated cooking teacher Michael Field. With their help, you'll "collect" authentic recipes for the simple, hearty, superbly flavorful regional specialties of France. Then you'll learn how to prepare them, with ease.

Step-by-step illustrations make it simple to prepare marvelous hors d'oeuvres, soups, entrées, desserts, French country-style. Then, from the fascinating text, you'll discover interesting differences in regional cuisines and customs, and gain wonderful ideas to use in your own home.

The Cooking of Provincial France is Volume I in FOODS OF THE WORLD, a remarkable new series

that shows you—with hundreds of photographs in the full-color style of TIME-LIFE Books—how to prepare the most delicious dishes of every major cuisine in the world. Every volume is the work of experts in that particular cuisine. In addition to authentic recipes (pretested in our kitchens under the supervision of Michael Field), each volume brings you fascinating facts about the food lore and customs of the land.

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Crêpes, filled with a creamy blend of mushrooms, shrimp and other delicacies make a very special hors d'oeuvre.

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Discover the Beauty Potential of Your Skin

One of the most rewarding aspects of skin care is that the complexion has a constant potential for improvement—there is always the promise that tomorrow your skin can look even lovelier than it does today.

This propensity has become more and more appreciated by women the world over, particularly since the discovery of a tropical moist oil with the remarkable ability to help nature sustain the youthful splendour of your skin.

Now your complexion can benefit from luxury living every day of your life because the unique tropical fluid virtually helps to create the conditions under which the human skin will thrive and blossom best.

The difference between a "young" skin and an "old" skin is primarily a question of oil and moisture. Many complexions lose their beauty early simply because they are half-starved and thirsty. In these modern days, when the "climate" in which you live can be changed at the twist of a dial, it is easy to overlook the depleting effects on your skin of indoor heating and air conditioning. These environments, together with the outdoor elements of wind, sun and frost, are notorious oil-and-moisture snatchers that can dry out a fresh, smooth complexion in double-quick time. The tropical moist oil, however, helps maintain your own dermic humidifying system and your own

built-in oil wells, bringing the natural young bloom softly to your skin.

An invisible film of moist oil applied daily to the face and neck and used as a sub-foundation for make-up will further the skin's inherent readiness to draw moisture from the atmosphere by hygroscopic attraction, constantly establishing a lovely, healthy vitality on the complexion.

At night, this rich tropical beauty fluid can be smoothed over the complexion extra lavishly, for it will then have an excellent opportunity to help protect and conserve the nutritive essentials that keep your skin satin-smooth and supple.

Available from druggists as oil of Olay, this moist oil is the precious means whereby you can discover the great beauty potential within your skin.

Beauty Skin-Care Consultants Recommend

Beauty skin-care consultants are now recommending that, to take full advantage of the benefits of this moist Olay oil, it should be smoothed over the face and neck daily before applying make-up. In this way it helps the plasma colloids to check lines and gives the skin a youthful bloom.

Radiance is restored to the complexion when it is generously cherished at night. Before you go to bed, massage gently with the oil of Olay, paying particular attention to the crow's-feet area where ageing lines and wrinkles first appear.

Now, The Sporting Suit

By ROSALYN ABREVAYA

WHEN is a man's suit not a suit? When it's a matched set, but the upper part is not necessarily a jacket.

The sporting suit, a brand-new look for the '70s, breaks with styling tradition but is a continuation of the bright colorful sportswear of the past 10 years. The new fashion combines a vest (as seen on our cover), a tunic, or combination shirt-jacket with equal aplomb. When it is jacketed, you'll see the jacket in the new longer length, styled with wide lapels in a shaped silhouette.

According to Ken O'Keefe, fashion director of the Men's Fashion Association, the look strikes a big victory for freedom of movement and function because these suits look dressed-up enough to take a man through many leisure activities that formerly required a strictly tailored garment.

And, best of all, the new casual sporting suit looks great sans the uptight tie! ♦

PHOTOGRAPHED BY ROLAND ROSE IN NASSAU, BAHAMAS
Cover: Vest suit by Stanley Blacker



Vest suit of cotton canvas with snap-button closures, patch pockets, is designed by Peter Golding for Van Heusen Windbreaker.

Double-knit tunic suit, by Robert Lewis, takes the guesswork out of coordinating: its paisley shirt is attached! Shoes by Renegades.



Snappy look for the sporting life is Haspel Brothers' polyester-cotton seersucker striped suit.



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Is your leisure a dismal combination of snoozing and boredom? It is for many families until they discover both relaxation and stimulation in



This vacationer made the most of her holiday time by enrolling in an art course.

A FEW SUMMERS AGO, I spent two weeks in a rented cottage at the shore with my wife and four daughters—our first family vacation in five years.

Though we kept saying, "Tomorrow we'll get organized and do something that's fun," the days slipped by unrewardingly with nothing noteworthy to look back on.

Later, my wife presented me with a makeshift album labeled, "Your Vacation: 1966." The candid snapshots showed Daddy listlessly reading a business magazine, yawning with boredom in a sagging hammock, and Mother washing muddy socks in a tidal pool. To accompany these dismal exhibits and others equally noninspiring, she penned in an old Zen proverb: "No day comes back again; an inch of time is worth a foot of jade."

By contrast, when I arrived unrefreshed back in my office, I heard from one of my associates a glowing account of the vacation he had enjoyed. Like me, he had selected a

cottage at the shore. But unlike me, he had planned how to put his time to constructive use. For one thing, he had tried "house swapping," turning over his Westchester home to a Maine couple who wanted a vacation near New York City. In return for compiling a personal notebook of things to see and do in the city and arranging with friends to include his guests in their activities, he received similar attention from his new shore-community neighbors, who otherwise would have been strangers.

As a result, he and his wife and two sons crewed in sailing races, enjoyed clambakes on the beaches of private homes, toured historic buildings not open to the public, and returned home with a prized collection of rewarding snapshots.

Listening to my associate, I realized how much more constructive an investment I could have made in my vacation time—if only I had possessed his perspective when we made our plans. Yet Americans, I've discovered, have traditionally found it difficult to make good use of their precious leisure time. As far back

By WILBUR CROSS

as the early 19th century, an advertisement that was to become famous appeared in a newspaper:

LOST, yesterday, somewhere between sunrise and sunset, two golden hours, each set with 60 diamond minutes. No reward is offered, for they are gone forever.

If the inspired author, noted American educator Horace Mann, were alive today, his text might have referred to "two golden weeks, for the truth is that we often squander entire vacations tied up in knots and unable to relax—or, what is equally tiring, relax too determinedly, replacing one form of effort, which is at least income-producing, with another that has little purpose.

Recent studies on how we spend vacations bear out this regrettable point. The Southern California Research Council, for instance, found that leisure was seldom used to real advantage. "The point of leisure," reported the Council, "should be more than simply restoring one's working powers. We cannot happily contemplate a future society in which leisure is merely filled with hectic amusement. In particular, we need to develop new forms of leisure which stretch our minds."

There is no magic formula for planning a fulfilling vacation. But here are some guidelines, with specific examples, for achieving more rewarding, refreshing vacations:

Plan Ahead. One family we know has proclaimed for itself a "Vacation Sunday," usually in mid-January, when members gather around and spread out travel folders, newspaper clippings, letters from friends telling about their vacations, anything of interest.

"Everyone has a chance to make suggestions," the father explains, "and we mark them all down on the calendar, no matter how wild or unrealistic they may seem. Then we circle as objectives those ideas that appeal to the most people." Their planning takes in long weekends and the most feasible dates for a full-length vacation. "It's remarkable," the father adds, "how many of the ideas become realities."

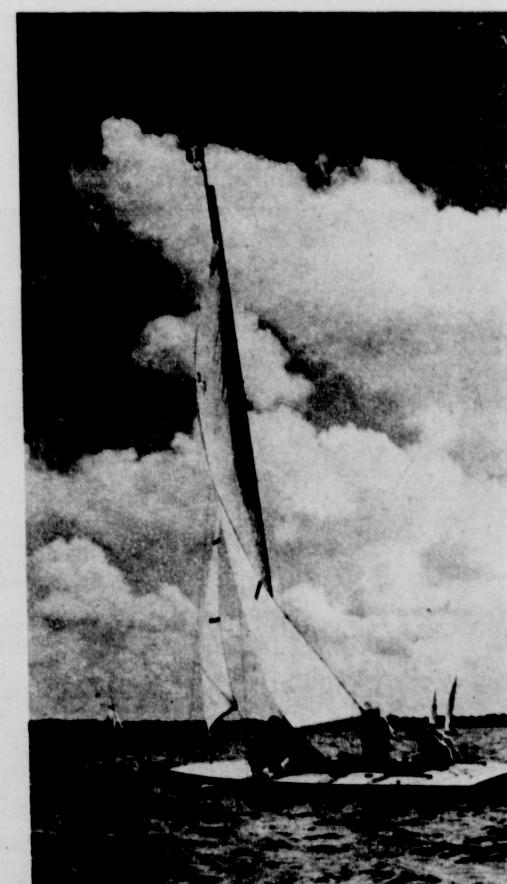
Many people justifiably ask, "How do we know that what seems in advance like a great vacation scheme won't turn into a bust?" The Robert Deanes have an answer: pretest it.

Creative Making

Bob and his wife became interested in folklore and decided that it would be fun to "go on location" rather than merely read about colorful characters and events in books. But they were not sure whether their three children—12 to 15 years old—could take it. So they pretested the plan, using long weekends to explore nearby regions known for legendary heroes and happenings. They were delighted to find that, far from being bored, the children became absorbed in ferreting out little-known information on their own. So, jointly, they all planned their whole two-week vacation around the theme, "Folklore Fiesta."

No matter how imaginative you may be in creating vacation ideas, it may pay to consult a travel agent. For years, Europeans and Americans have been traveling abroad on vacation to attend university summer courses or special seminars. Travel agents and airlines now offer package tours that include everything from round-trip fares and reservations to tuition, room and board upon arrival, and other necessities.

Among the many package tours is one called "Spook and Spectre." This costs \$234, plus air fares, and takes in "haunted" buildings in England.



You can learn to sail during vacation.

Vacations—the Most of Your Holiday Time

Other special tours are arranged for bridge players, fox-hunting enthusiasts, and women interested in weight-reducing courses.

If you crave something more exciting, yet not outlandishly expensive, take your cue from the Rawley Petersons. With their two young boys, they went on "safari," not to darkest Africa but on one of the hundreds of new mini-safaris organized by the travel industry—a trek through the rain forests of a Caribbean island, hunting wild goats, pigs, and colorful birds with cameras.

Become absorbed in a new interest. Good planning combines looking ahead on a long-range basis and seizing unexpected opportunities. Consider, for example, the interesting pursuit of Pennsylvania physician Maurice Seltzer. One day, hiking across an abandoned coalfield, he paused to crack open a piece of limestone waste.

"With great wonder," he relates, "I beheld a fern fossil that had been buried in mud for 300 million years, all its harmonious details etched in yellow pigment." That chance moment of curiosity so stimulated his interest that he began to read books on minerals and the earth sciences. His wife, too, became intrigued, and they began planning vacation trips where they could find unusual geological formations. Over the years, their rovings have ranged from the Delaware Water Gap to the Rockies.

Many other people agree that history can be one of the most useful door-openers to a vacation. Texans Marion and Frank Davidson learned that the state highway department had charted and tested 10 "Travel Trails" from border to border. Last summer, the Davidsons, with their 10- and 12-year-old sons, took a vacation trip along "Independence Trail," visiting places like the San Jacinto battleground and San Luis Pass (renowned for its rugged stagecoach run).

"For the first time we had a point of view," says Marion. "Everything we saw and did related to it." The experience was so stimulating that they now plan to cover all the rest of the recommended Travel Trails.

I talked with others who had made such vacations into history. A family from Ohio had been enthralled by a tour of Massachusetts historic

sites—the Emerson home, Walden Pond, the House of Seven Gables, and others. Three college students from Washington, D.C., visited ghost towns of the West.

Plan vacation pursuits that you can continue all year. We have a neighbor who used to complain regularly that evenings were "so boring" because her husband was frequently out of town on business. Last year, there was a remarkable change: she took up oil painting and was soon doing well enough to exhibit.

"It all started," she explains, "be-

cause I found bells, old and new, almost anywhere in the world, along with local fans who willingly act as guides and hosts; and antique car or airplane buffs who welcome one another like brothers.

On one visit to Old Sturbridge Village, Mass.—a living example of rural New England during that almost forgotten period right after the American Revolution—we met a man and wife who were gourmets of long standing, but whose interest in foods had begun to jade somewhat. After half a dozen trips to the Vil-

sorbed in new interests during vacations that they have actually *changed careers*. Jerry Wood of Annapolis, Md., an executive in the toy business, had always wanted to try his hand at sailing. Several years ago, he bought an old boat and began fixing it up. When a man on the beach asked where he could rent a sailboat for the day, Jerry offered his.

That was the beginning of a part-time rental service that gradually made it possible for the Woods to acquire a small fleet. "As the rental business grew," Jerry told me, "I started giving sailing lessons—mostly in self-defense to protect our investments from misuse." Now Jerry devotes the major part of his time to boats and has created "Sailing Vacations" and "Sailing Weekends" for novices to learn while having fun.

Use vacations to help others. A working widow in a New York suburb spends half of her vacation time taking underprivileged city children on trips—to country fairs, farms, and other places she would never have gone to alone. "It takes me out of my shell," she says. "I stay active and relaxed instead of sitting on a porch and straining mentally to relive the fun I used to have before my husband died and my daughters moved away."

You do not have to be alone, of course, to benefit from this kind of vacation. Dr. John Slaughter, a dermatologist in Evansville, Ind., and his wife, both keen on Central America, founded eight years ago a remarkable organization, Holidays for Humanity. It arranges for physicians, dentists, nurses, and technicians to spend vacations ministering to back-country regions in Central America—all on a voluntary basis, at their own expense. Today the successful program includes South America as well as a number of Caribbean islands.

Creative vacations—whichever best suit your own needs—have many rewards. They infuse something into living that becomes a continuing source of refreshment long after the vacation itself has ended.

As author and educator Sebastian de Grazia, who has made an exhaustive study of man and his free time, has written, "Work may make a man stoop-shouldered or rich. It may even enoble him. Leisure perfects him. In this lies its future." *



Old Sturbridge Village, Mass., is one of many historical sites in U.S.; it inspired one gourmet couple to experiment in Early American cooking.

cause of our marvelous vacation. Pete thought we ought to do something for a change instead of spending three weeks either lying on the beach or fretting indoors because the weather wasn't sunny enough for lying on the beach. So we signed up for an art course at Cape Cod. I never knew art could be such fun. And, of course, you don't have to put your enjoyment in mothballs once the vacation is over."

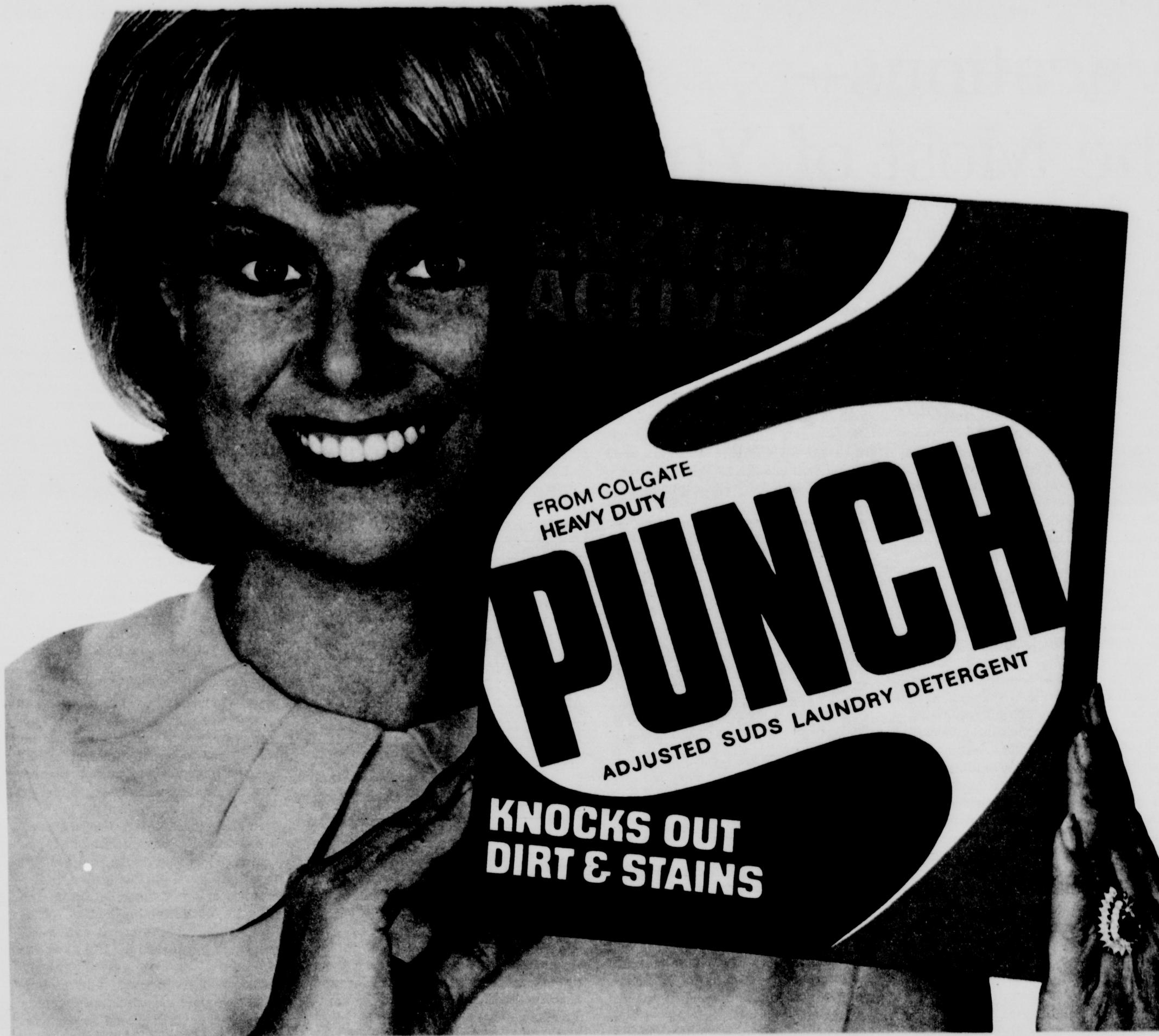
Millions upon millions of Americans belong to associations which give them a common bond with strangers and thus can serve as the key to rewarding vacation planning.

Recently, for example, I heard about the International Kitefliers Association, whose members transcend language barriers in exchanging visits; about bell enthusiasts who

large, their entire outlook was renewed and refreshed as they began a study of Early American cooking. Thousands have found new hobbies at the kitchen range—or added extra dimensions to old ones.

Consider vacations that can help mold careers. A teacher I met regularly devoted part of his vacations to help his three sons and one daughter look into career possibilities. Once they devoted two summer weeks to a broad sweep of transportation facilities (a field in which his son had expressed interest)—railroad terminals, airports, shipping offices. On another occasion, they went to a dozen state capitals, as well as to Washington, D.C., for a close-up look at life in government and politics.

I'm astonished to learn how many people have become so deeply ab-



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SCIENCE ASKS:

What's the Best Time of Your Life?

IN SOME WAYS life is better when you're younger. In other ways it's better when you're older.

Science has been looking into the matter and has turned up some surprising findings. Take this quiz to determine what is the best time of life for you.

1. The best time to marry is when you're between 18 and 20.

2. Youth is most prone to quick temper.

3. Mental growth stops at 18, and your I.Q. is as high then as it will ever be.

4. As age advances, you become more fearful and less carefree.

5. Middle age is the time when couples are likely to face their biggest emotional crises.

6. The adolescent—on the threshold of manhood—is the most egotistical and has the most exaggerated opinion of his own worth.

7. You become more sensitive to pain as you grow older.

8. Time goes faster for young people and slower for old people.

ANSWERS

1. False. A consensus of studies shows that your chances of a happy marriage are much greater if you wait until you are well into your 20s before taking the trip to the altar. Marriages in the 20s and early 30s were found to average excellent so far as happiness is concerned. Worst showing was among teen-agers.

2. True. Investigations have shown that in most cases, the man of 30 is more even-tempered than the 18-year-old, the fellow in his 50s still less inclined to blow a fuse over trifles; and surveys show that people in the older age-brackets tend to be the least ruffled.

3. False. Studies at University of California's Institute of Human Development have demonstrated that brain power frequently increases with age. In follow-up studies which tested subjects' I.Q.s at various ages, many showed gains in intelligence when tested in their 30s and 40s.

4. False. Studies show that while each age has its particular types of fears, they do not neces-



sarily increase or decrease as you grow older. It would appear that rather than becoming more or less fearful as you grow older, you exchange youthful fears for other anxieties and apprehensions.

5. False. Studies by the American Institute of Family Relations indicate that a couple's most difficult time likely occurred at the time of their wedding and first years of marriage.

6. False. Though he may sometimes give that impression, it is a bluff to cover feelings of unsureness and fears of inadequacy. Psychological studies show that the adolescent's anxieties and his lack of self-confidence and self-esteem are great. He tries to conceal his self-doubts from others by assuming an attitude of bravado.

7. False. The National Research Council at the University of Manitoba made a clinical study of pain and found that a middle-aged man is appreciatively less sensitive to pain than a youth in his late teens or early 20s. And when a man passes 60, his sensitivity to hurt or injury decreases even further.

8. False. Psychological studies at the Massachusetts Institute of Technology and elsewhere have shown that the reverse is true: that time—whether measured in minutes, months, or years—tends to pass more and more swiftly with age. On the other hand, time for the young person (unless it's crowded to the hilt with activity) seems to drag; a week or even a few hours may seem to him to take forever to pass.

—JOHN E. GIBSON

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In case after case, the sufferer first notices relief from itching and pain. Then painful swelling of the inflamed hemorrhoids is gently reduced.

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The secret is Preparation H®. There is no other formula for the treatment of hemorrhoids like Preparation H. In addition to actually shrinking hemorrhoids—Preparation H lubricates, soothes irritated tissues and helps prevent further infection.

Just ask for Preparation H Ointment or Preparation H Suppositories. No prescription is needed.

FAMILY WEEKLY COOKBOOK

For Friendly Family-Style Service

MELANIE DE PROFT

Food Editor

■ Prepare food in a favorite serving dish and bring it to the table directly from the kitchen. Either serve it yourself or pass it so everyone can help himself.

Frozen Cherry Crème

2 egg whites
½ cup sugar
2 cups heavy cream
2 tablespoons cognac
½ cup chopped toasted blanched almonds
½ cup (about 4) finely crushed shortbread cookies*
¾ cup chopped red candied (glacé) cherries

1. Beat egg whites until frothy; gradually add ¼ cup of the sugar, beating until stiff peaks are formed.
2. Whip the cream, gradually adding remaining sugar. Blend in cognac and about half of a mixture of almonds and cookie crumbs. Fold in cherries and egg whites.
3. Turn mixture into a 1½-qt. soufflé dish. Form a border with remaining nut-crumb mixture; press lightly. Garnish center with whole toasted blanched almonds and candied cherries. Freeze until firm. Before serving, allow crème to soften slightly.

About 12 servings

*Almond macaroons may be substituted.

Cheesy Cauliflower Casseroles

1 large head cauliflower
8 slices (about ½ lb.) Canadian style bacon, browned
Cheese Sauce (see recipe)
½ cup shredded process American cheese
½ cup buttered bread crumbs

1. Separate cauliflower into flowerets and cook, covered, until just tender in 1 inch of boiling salted water; drain.
2. Put 2 bacon slices into each of 4 ramekins. Divide cauliflower evenly among ramekins. Cover each with about ½ cup of the sauce.
3. Set in a 350°F. oven 10 min.
4. Top each ramekin with cheese and bread crumbs. Continue heating 10 min.

4 servings

Note: Ground cooked ham (about 1½ cups) may be substituted for the Canadian style bacon. Spoon around flowerets in ramekins before adding sauce.



Candied cherries, cookie crumbs, cream, and cognac are combined in this glamorous, luscious Frozen Cherry Crème.

Cheese Sauce

Heat ¼ cup butter or margarine. Blend in ¼ cup flour, ¾ teaspoon salt, and a few grains pepper; heat until bubbly. Gradually add 2 cups milk, stirring to blend. Bring to boiling; cook and stir 1 to 2 min. Blend in 1½ cups shredded process American cheese, 1 tablespoon onion juice, and ½ teaspoon paprika.

2 cups sauce

Salmon Bake

1 can (1 lb.) salmon, drained and flaked
½ cups herb-seasoned stuffing croutons
2 tablespoons finely snipped parsley
2 tablespoons finely chopped onion
3 eggs, well beaten
1 can (10½ oz.) condensed cream of celery soup
½ cup milk
⅛ teaspoon pepper

1. Toss salmon, croutons, parsley, and onion together in a bowl. Add a blend of eggs, condensed soup, milk, and pepper and mix thoroughly. Turn into a greased 1½-qt casserole.

2. Bake at 350°F. about 50 min. Garnish center with overlapping thin quarter-slices of lemon and snipped parsley.

3. Pass a bowl of sour cream sauce (prepared from a mix). About 6 servings

Sherry Elegance

3 env. unflavored gelatin
1½ cups sugar
3 cups water
1 cup sherry
¾ cup strained orange juice
½ cup strained lemon juice
9 drops red food coloring

1. Thoroughly mix gelatin and sugar in a saucepan; blend in 1½ cups of the water. Stir over low heat until gelatin and sugar are dissolved.

2. Remove from heat and blend in the remaining water, sherry, fruit juices, and coloring. Pour into a pretty china or crystal bowl and chill until firm.

3. Bring the bowl to the table and serve the gelatin in sauce dishes. Accompany with a bowl of whipped cream.

6 to 8 servings

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Having a Fit

A contour chair I like to sit in,
For it's a chair I nicely fit in.
Indeed, although its shape is odd,
I'm like a pea that's in a pod.
I'm like a babe within its cradle,
I'm like the gravy in a ladle.
I'm like a hand that's in a glove,
A feeling that I dearly love.
I fit, in fact, so very well,
I'm like a nut inside its shell
Or like the coffee in a cup.
The only trouble's getting up.

—Richard Armour



QUIPS AND QUOTES

The best way to leave the stock market with a small fortune is to enter it with a large one.

—Lucille J. Goodyear

A husband and wife were in one of those endless arguments, when the husband exploded with, "One of us is stupid!"

The wife burst into tears.

"All right, dear, I take it back," he said. "One of us is not stupid!"

—Lane Olinghouse

They now have sleeping pills for children. They're called kid naps.

—Shelby Friedman

Who Does He Think He's Kidding?

The man who claims he's never told his spouse

A thing that wasn't absolutely true Is one that I distrust—I'll bet the louse

Would lie concerning other matters, too.

—Hal Chadwick

At a party, a man met a woman whom he hadn't seen in many years. Both the man and woman were delighted to see the other, and after they had exchanged greetings, the man said, "You haven't changed a bit. You look wonderful."

"Oh, I don't know about that," protested the woman. "Since I saw you last, I've gained 25 pounds."

"That may be," said the man gallantly, "but 15 of them are very becoming to you." —V. D. Palat

Secretaries to Presidential families are getting to be real diary queens.

—John K. Young

"I've just discovered oil on our property," said the husband as he burst into the house.

"Wonderful," cried his wife. "Now we can get a new car."

"We'd better get the old one fixed," he replied. "That's where the oil is coming from."

—Dorothea Kent



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American Women "Invade" the South Pole

Antarctica had long been an all-male stronghold, until an expedition of lady scientists and a journalist went to the "end of the world"

By ARTURO F. GONZALEZ, Jr.

"**N**O WOMEN!" shouted Rear Adm. J. Lloyd Abbott, Jr., U.S.N., the previous commandant of Operation Deep Freeze in Antarctica at the South Pole.

But his stringent command barely had time to lose its echo in the -50-degree frozen wilderness before five female scientists and a lady journalist jumped off the back ramp of a military transport plane and set foot on the 9,200 feet of snow and frozen turf that cover the South Pole.

Leader of the icy expedition was Dr. Lois M. Jones of the Institute of Polar Studies at Ohio State and more recently the University of Georgia. She was anxious to study rock weathering and salt accumulation in Antarctica, and she just got tired of begging male scientists who went there for rock samples. So she applied to the National Science Foundation to go to Antarctica—only to receive the traditional "no."

But Doctor Jones' determination led her to the Pentagon, where she got the backing she needed for the expedition. The only stipulation was that the party had to be all female since Antarctic living conditions and sanitary facilities were not set up on a co-ed basis.

The first to sign up after Doctor Jones was Eileen McSavvy, a graduate student in geology. Mrs. Kay Lindsay, an entomologist, joined to look for life forms in that area. The baby of the group was Terry Lee Tickhill, a 19-year-old from Ohio who was studying geology in college.

Joining the four ladies of Doctor Jones' expedition were Mrs. Peter Jones, a scientist from New Zealand, and Mrs. Jean Pearson, a science writer for a Detroit newspaper.

The ladies' trek into Antarctica took them from Washington, D.C., via Navy plane to Hawaii and on to

Christchurch, New Zealand, before landing at McMurdo Station, where they were outfitted appropriately.

From here, the ladies got the chance to take a quick side trip on a Navy daily supply mission to the South



Bundled up for sub-zero temperatures, lady scientists and female reporter pose with Admiral Welch (front center) at South Pole.



Eileen McSavvy (left) and Mrs. Peter Jones, a New Zealand scientist, eagerly await arrival at the Pole.



Pole before they were eventually heli-copterred out and dropped in the wilderness to fend for themselves for 90 days.

At the pole, passengers usually climb out of the plane one by one through a hatch aft of the cockpit, but the Navy feared the women might get competitive about who put the first female foot on South Pole "soil." So they solved the problem by plopping them down all together on a ramp. Arm in arm, with Operation Deep Freeze's current commander, Rear Adm. David F. Welch, the ladies invaded the Pole.

The party walked 200 yards up hill to be photographed at the Pole, where a mirror-ball-topped "candy cane" is stuck in the snow with a sign identifying that as latitude 90 degrees south. Admiral Welch walked the women around the Pole, which meant that they were going around the world in just five seconds, and at the same time they had walked from one day into the next and back



Ladies deplaned simultaneously and walked 200 yards in -50-degree weather to South Pole.

Mrs. Kay Lindsay reads commemorative plaque and admires Admiral Byrd's sweater hung in clubroom.

again in the same amount of time.

At the under-ice lounge, appropriately called "Club 90," the women and hosts defrosted in comfortable quarters complete with books, movies, and pool table. On the walls of the crew's lounge are hung Antarctic memorabilia including a framed sweater of Adm. Richard E. Byrd. Here the lady scientists contributed now historic tubes of lipstick and

bobby pins to the collection of those who had attained a "first" at the frozen South Pole.

After getting commemorative envelopes and taking a tour of the under-ice base, the ladies climbed back into their plane and were gone. A few days later, the gals were bucking 50-mph winds and spending nights in sleeping bags and doing their scientific thing on the ice. ♦

Inside I was crying, until I lost 105 pounds.

By Alice Banoczky—as told to Ruth L. McCarthy

Everybody in Budapest knew me—the cutest fatty on the stage. How I hated the role! But without me, the "Guruló Eggyüttes", or Rolling Trio, would have been a skinny nothing.

I sang. I made big jokes. But inside I was crying. Because I knew when the spotlight went off, they called me "dagadt", which in Hungarian means swollen, like a big balloon.

Always I was overweight. Even from three years old. Our kitchen, you see, was very rich. Lots of soup, pork, potatoes and fözelék (a side dish). And I loved turós rétes (strudel with cheese) as well as sweets.

By the time I was 16, I was already 200 pounds. My mother took me to doctors where I had shots and pills and low-calorie diets, even artificial orange drinks. But always, the pounds came back.

Once, when I was walking on the street, a man said to another: "If our government had as solid a foundation as that, we'd all be in better shape." Some shape!

I was miserable. I had no fun, no activities, no boy friends. I had only my singing voice. But how could I show it off, with such fatness? The only way, I decided, was radio, where I could hide myself. Later on, I grew bolder and went on the stage with my comic trio. Everybody laughed, but me.

Then came the Hungarian Revolution of 1956 and I escaped to the U.S.A. Almost immediately, I realized that because of my weight, I had even less chance to make a success here in show business. For practically everywhere, I saw the most slim and trim girls.

Discouraged, I gave up my music and took a job behind the scenes in a factory. And I again tried to reduce. Sometimes I was even starving myself. But I'd get hungry and soon I would be eating—lots of sweetness in desserts and TV snacks and before going to bed.

Finally, I met a man who preferred a good cook to a slim figure. We married, moved to Walnut Creek, California, and a son was born to us. Oh boy, some fat mamma he had! And each year that my son grew older, I grew bigger. Last summer, 230 pounds!

Being a woman, however, I still dreamed of being thin. But how was I to stop the desserts and sweets and nighttime snacks? That was the problem always, until I made the discovery of the reducing-plan candy, called Ayds. I was in a drugstore when I first saw the chocolate fudge type. (There is also a vanilla caramel Ayds and a fudgy chocolate mint.) Ah, I thought, a low-calorie snack for my sweet tooth! I was wrong.

When I got home, I read the directions

and found I should take one or two Ayds before meals with a hot drink. Then eat. Pretty soon, I didn't feel so hungry for a big meal.

In a few days, I lost two pounds. Was I excited! I grabbed my golden opportunity right then. For this was the help I needed



Look at me, acting comical. But even without the watermelon, I could make people laugh. After all, I was 230 pounds.

to have more willpower. And to have a smaller appetite without harmful drugs.

For breakfast, I would take my Ayds as directed. Then I'd have grapefruit, scrambled eggs, toast, and coffee. A lot of people think to skip breakfast is to lose faster. But this is a bad idea. It is important that one should eat in the morning. At noon, I had, maybe, a sandwich. And in the evening, after Ayds again, I ate a regular dinner. But I ate less than always before because I didn't want so much. Oh, yes. And at night, if I was hungry, I ate another Ayds. It was sweet and the answer to my craving.

When I'd lost 25 pounds, I decided it was

time I was completely newborn. So I dyed my hair blonde.

On the Ayds plan, more weight came off. And soon, even my wedding ring fell off. I was never so happy to spend five dollars as for making it smaller. After I lost 50 pounds, people passed me on the street



I wish all Hungary could see me now with my new figure. Do you blame me for lightening my hair, too?

without knowing me. But it was me, all right—on my way down to 125 pounds.

At last, thanks be to the Ayds plan, I have a good figure. Now, I have only one more dream. To sing again—for an American audience.

Before and After Measurements

	Before	After
Height	5'2 1/3"	5'2 1/3"
Weight	230 lbs.	125 lbs.
Bust	41 1/2"	36"
Waist	36"	25"
Hips	51 1/2"	36"
Dress Size	24 1/2	8

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500 lovely blooms in June

1616 more blooms in August

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MICHAEL LANDON:

Behind the Bitterness

By PEER J. OPPENHEIMER

AFTER 11 YEARS on top of the tv rating heap, Michael Landon is worried.

"I'm getting gray and don't know how much longer I can keep a youthful image," he said, looking himself over in a full-length mirror. Little Joe of "Bonanza" superfame is just 36 years old—but that's not stopping him from feathering a very plushy nest for his future.

"I want something to show for all these years of work," he says, and he can really show something now. Landon commands one of tv's top acting salaries—\$15,000 per week plus extra for any directing jobs or original scripts which he occasionally writes. On the side, he averages \$7,500 for personal appearances.

He owns an 11-story condominium in Laguna, an office building in downtown Los Angeles, has part interest in a potato-sacking factory, owns a company which makes seat belts, and (along with his tv cohorts, Dan Blocker and Lorne Greene) has purchased a \$2-million, half-mile stretch of Malibu Beach. Not bad for a guy who once was so poor that he tried to steal a Christmas tree.

Maybe there's a good reason for Michael Landon's excessive drive for fame and fortune. As a youngster, he had more downs than ups.

Born Eugene Orowitz in New York, N.Y., Oct. 31, 1933, Michael learned early in life that there often is turmoil. "My parents didn't get along well," he recalls. "It taught me not to stay married if you don't love one another." Michael took the lesson to heart when he divorced his first wife Dodie—a legal secretary six years his senior—after six years of marriage.

His mother, musical-comedy actress Peggy O'Neill, gave up her career when she married Michael's father who, remembers Michael, "always missed the boat."

For a while, Eli Orowitz (known as EMO) managed theaters, published a fan magazine, which failed, did radio work, and finally followed Michael to California.

"Dad thought some of his old show-business buddies out West would remember him," says Landon, "and he'd get a good job. But nobody remembered. They even barred him from this movie lot," he remarked bitterly.

The shoe is on the other foot now. Paramount, where "Bonanza" is filmed, hasn't been able to do enough for EMO's son, whose every wish is granted, like the sauna and the gym equipment made available for workouts.



Landon with his buddies Dan Blocker and Lorne Greene.

Fame and Wealth—

"Bonanza's" star is a hero in the studio that once banned his father; but the memory still haunts him

Before the success, however, it seemed that the tough luck that plagued his father was inherited by Michael.

Colleges were anxious to have him because of his athletic prowess. He went to a prep school and moved in with a family named Echols, which gave him the deep, secure life he craved. But even the sports scholarship he won at the University of Southern California turned out to be a flop when he tore a ligament in his arm hurling a javelin. Feeling useless to USC, Michael quit.

Unskilled and seemingly unlucky, Mike got a job in a warehouse and began to feel that his father's jinx was upon him, too.

On the side, he taught swimming, although he couldn't swim a stroke. "I always wore sneakers," he says, "so they wouldn't ask me to demonstrate."

One day, as a favor to a fellow worker, Michael went to Warner Brothers to help with his screen test. When the film was viewed, it was Mike, not his buddy, who was asked to join the studio's talent school. Mike was elated. This time no one would ridicule the intense emotions which came so naturally to him.

Just when his star seemed in assured ascendancy, the roof fell in on Mike again. "Mr. Warner walked into class one day. I don't think he knew such a program was going on, and when he realized he was paying for it, he cancelled the whole thing!" The only survivor after the demise of the studio class was an actor named James Garner.

"I was really low," Mike remembers. "I'd missed out again. They said I was too skinny!" At that time he weighed only 120 pounds. He now tilts the scales at a robust 165.

A week later, however, producer Jerry Stagg gave him his first job. Then followed live TV and movies. Eventually asked to costar in "Bonanza," Michael didn't dream he'd at last hit pay dirt.

Michael, his wife, model Lynn Noe, and their children, Cheryl, 16, Leslie, 7, and Michael, Jr., 5, live in a lovely modern-type home in Encino, which he insists he can't afford to sell because he has overbuilt the area by adding a swimming pool, a 65-foot waterfall, three bedrooms, two bathrooms, a children's playroom, a game room, and a private sitting room for his wife and himself.

Mike is most at ease and happiest when he is home with his family—which he treasures above all else. His idea of fun and relaxation is going ice skating with



Landon wonders if he'll always be Little Joe.

the kids or playing golf.

Michael sounds a little thankful when he says his home has no room for horses: apparently he gets more than enough of them in "Bonanza."

"Horses are very uncouth," he remarks. Then he adds, "Of course, I did buy one for Cheryl once. We were in Louisville on a personal-appearance tour, and some guy offered me a horse, complete with papers, for the price of transportation only.

"It was the worst-looking horse I'd ever seen! But I'd sort of committed myself so I bought it, got rid of it, and bought Cheryl a good horse, since she wanted one so bad.

"Then do you know what happened? She forgot all about horses. She had a new craze—boys!"

When Michael works, he often alienates people by forgetting appointments, partly because he's so engrossed in what he's doing and partly because insecurity still nags at him, and he doesn't like to be interviewed.

He frequently takes refuge behind dark glasses when he faces the press or public. But he does lose his cool whenever anyone shows disrespect or lack of courtesy to anyone working on the show.

Michael Landon has literally grown up while playing the character of Little Joe—who hasn't been allowed the same opportunity. And that's his dilemma: he has been forced into a dual personality.

Yet taking into account all he has gained under such a handicap, one wonders what achievements may yet be his once he can stop playing someone else and be himself—less the bitter memories of the past. ♦

If your cat could talk would it be telling you this?

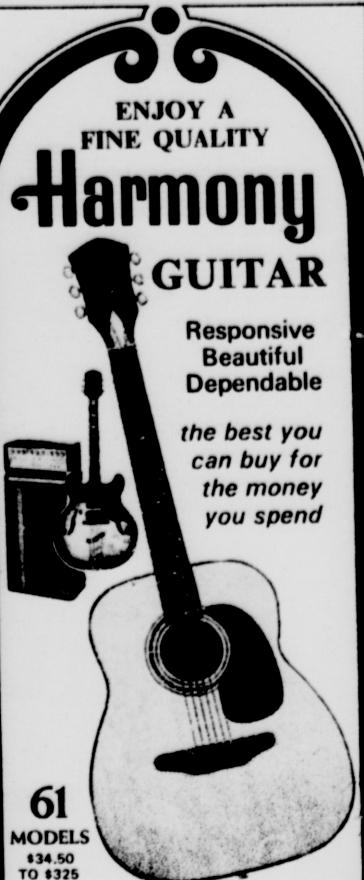


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Weekend Shopper

By SUSAN PAIN

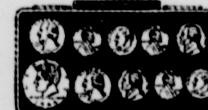


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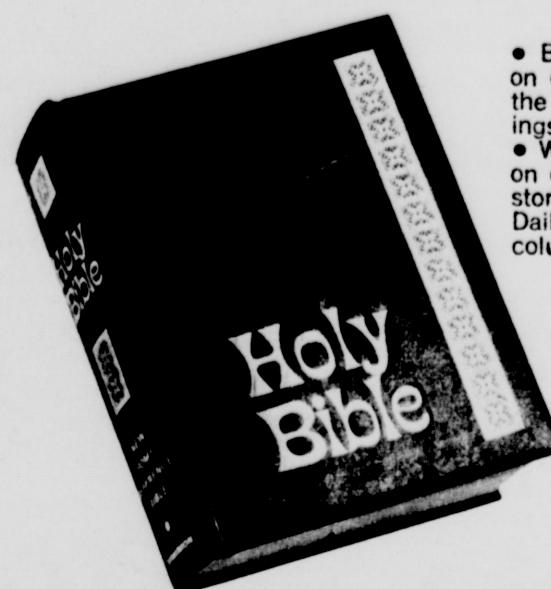


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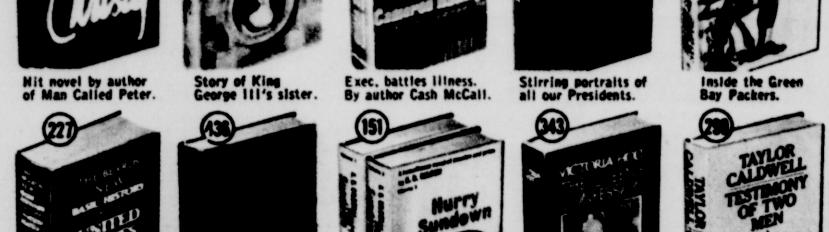
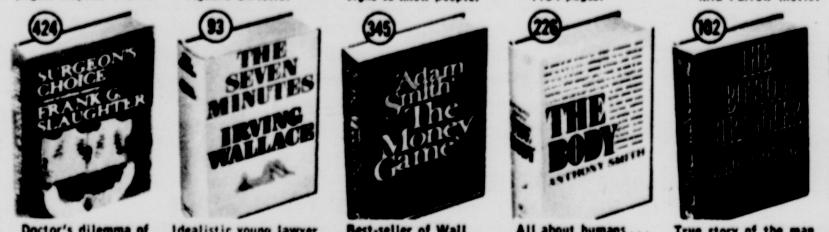


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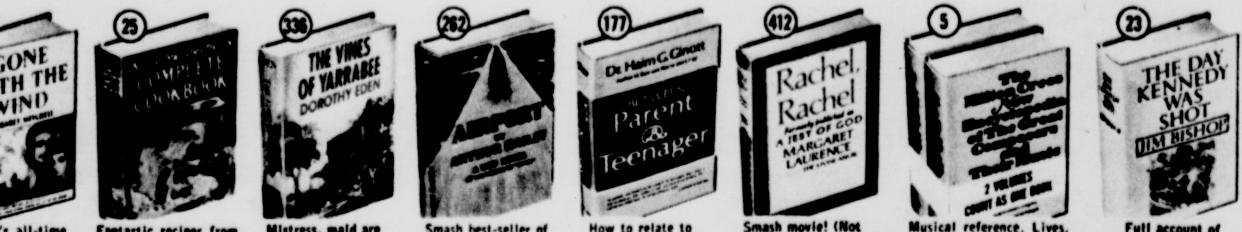
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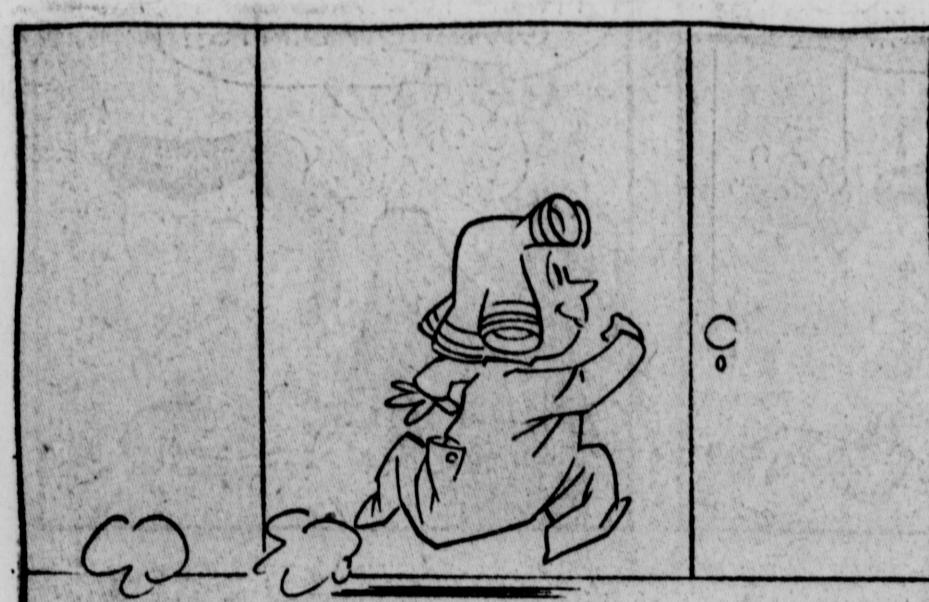
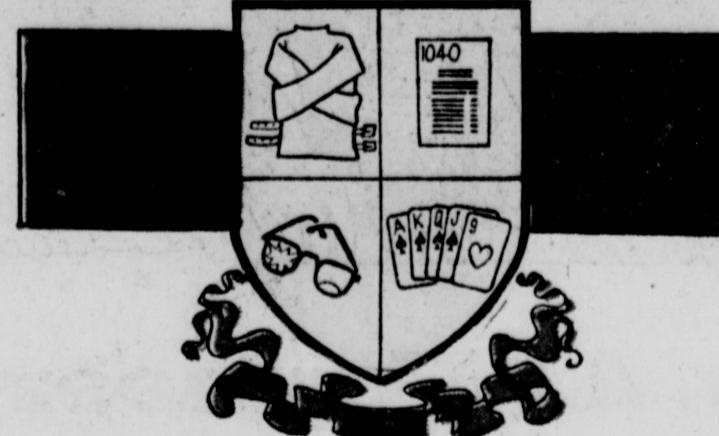
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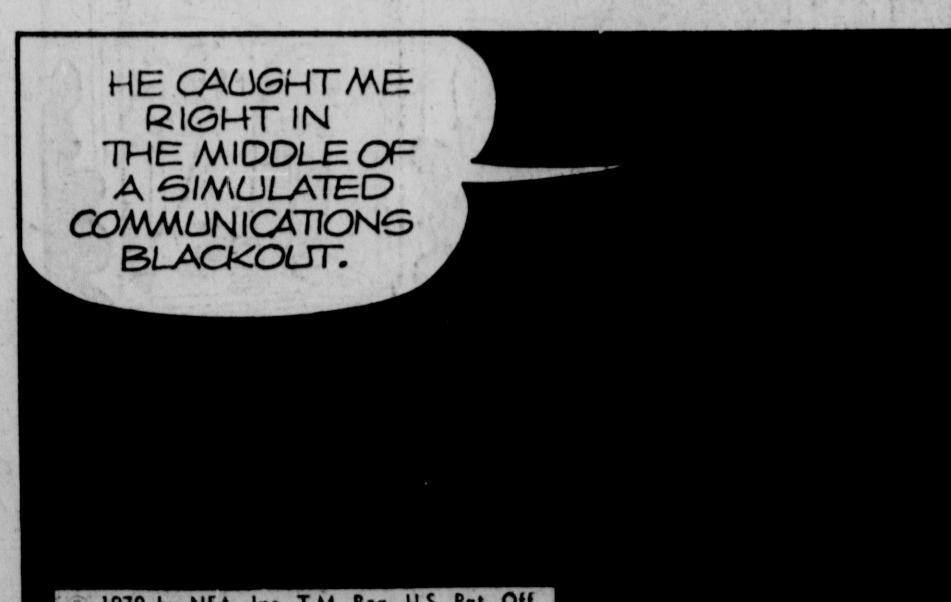
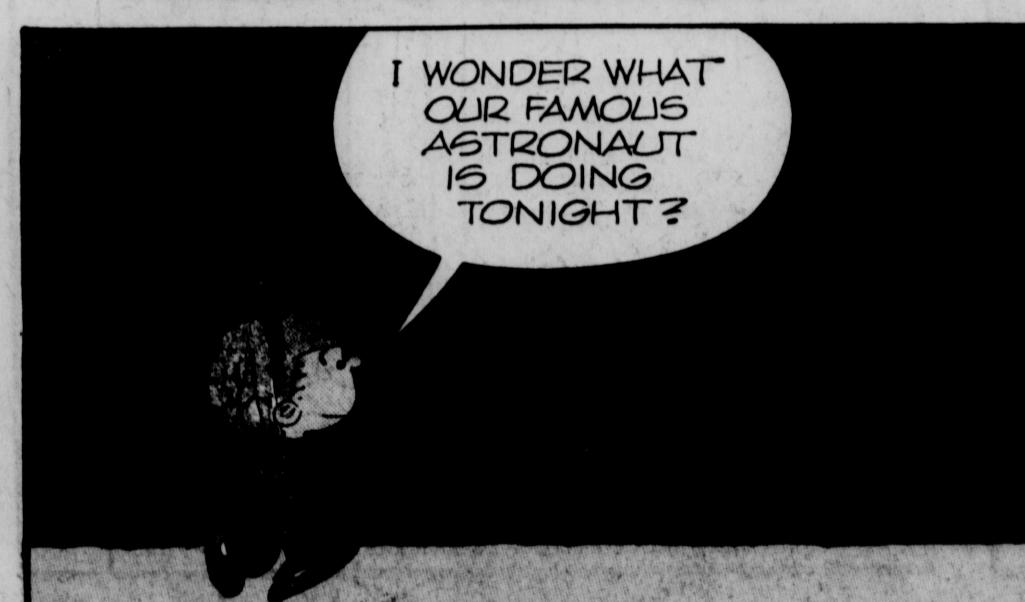
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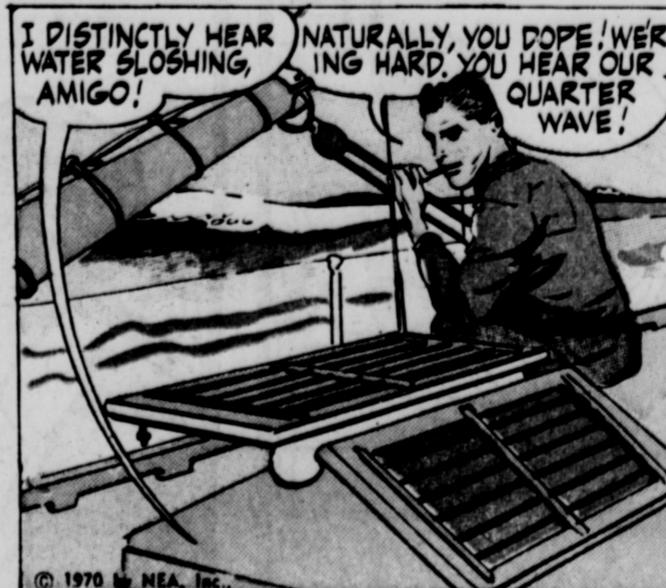
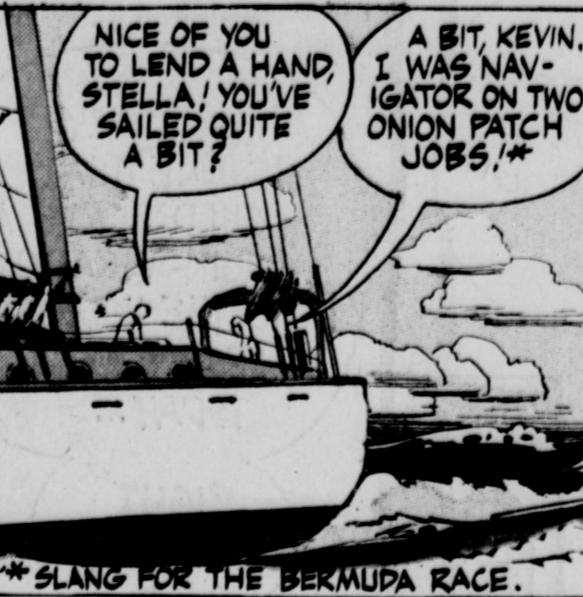
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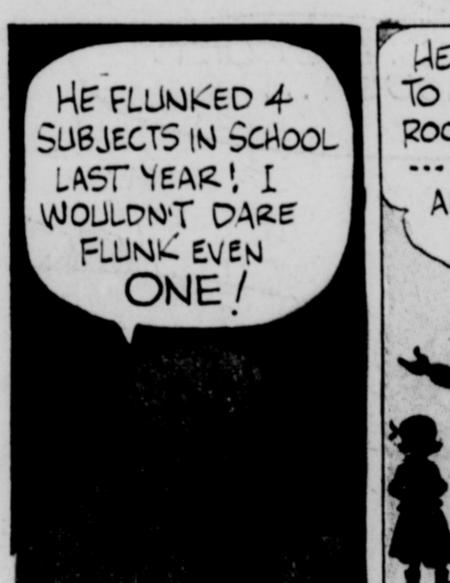
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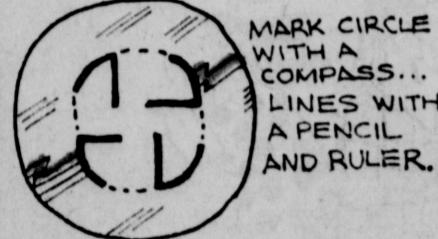


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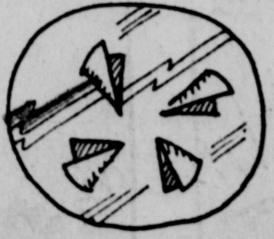
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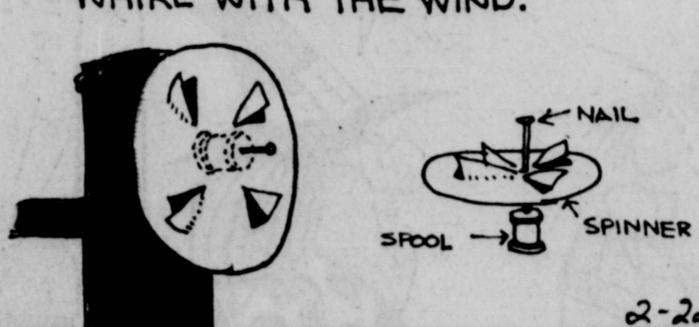
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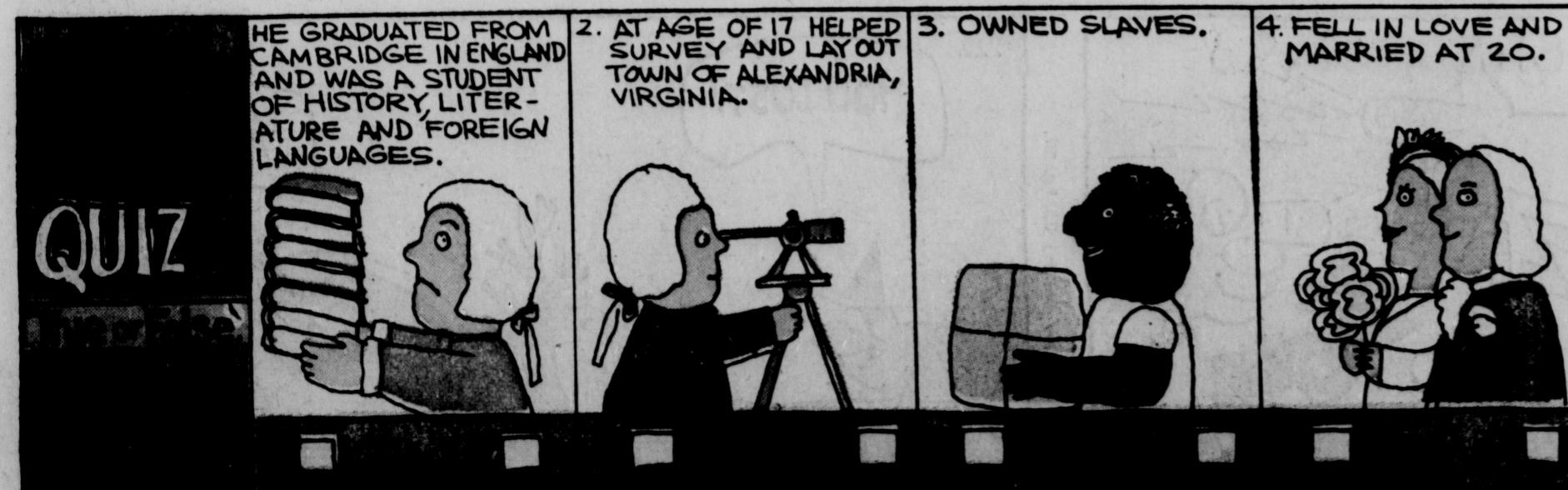


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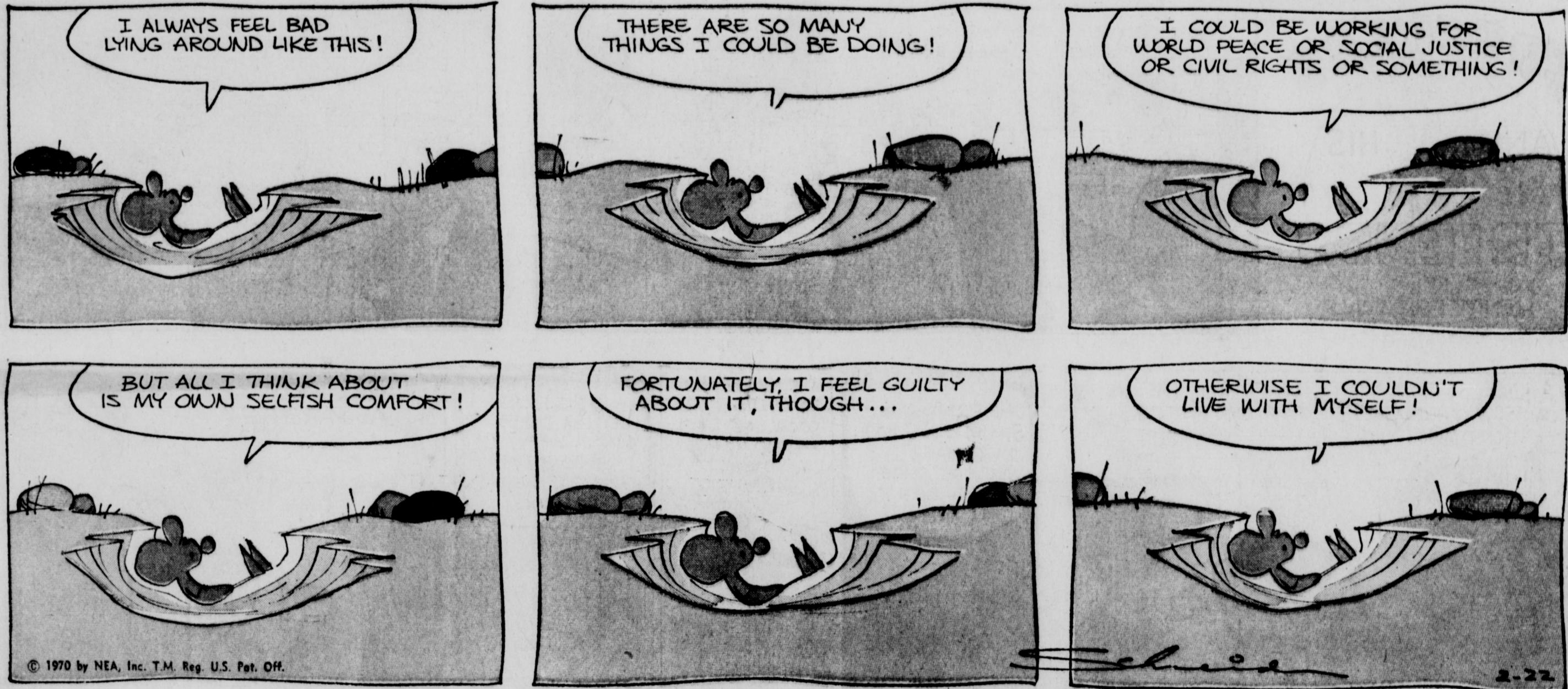
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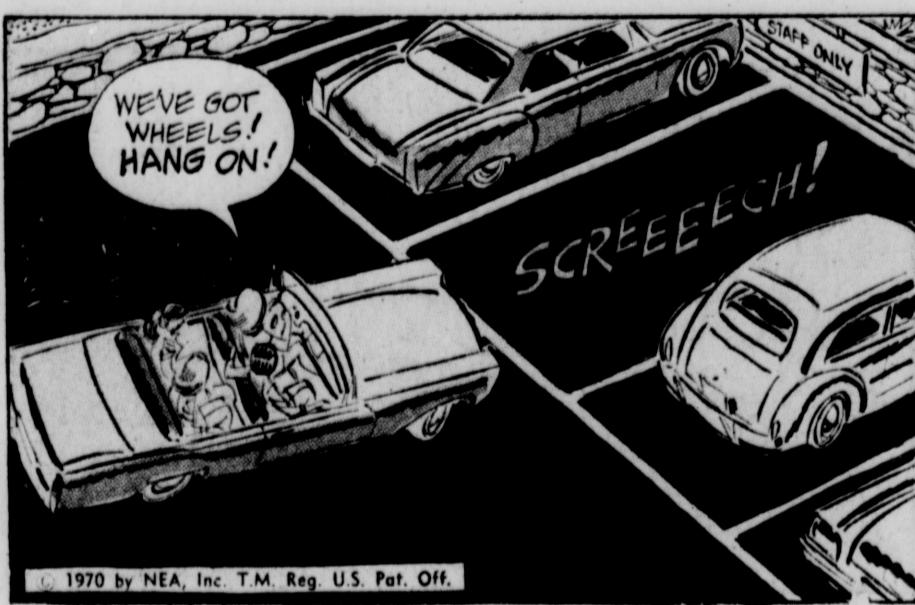
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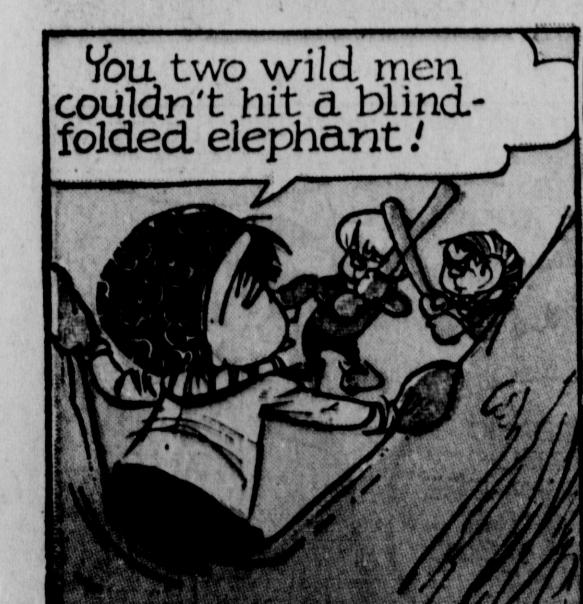
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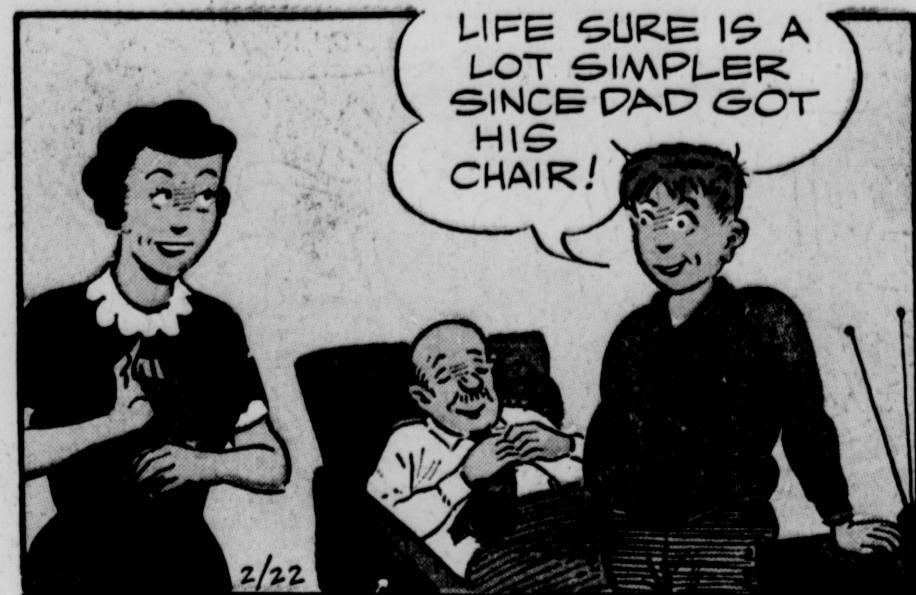
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